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Exploiting Intelligent Reflecting Surfaces for Interference Mitigation in Heterogeneous 6G

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Abstract – Intelligent reflecting surfaces (IRSs) have emerged as a revolutionary wireless networking paradigm for dynamically controlling propagation environments. This paper provides a comprehensive investigation of IRS-assisted interference mitigation for mmWave MIMO communication systems. A practical 3D clustered statistical spatial channel model is adopted for accurate analysis. Adaptive passive beamforming is achieved by formulating and solving an optimization problem to configure the phase shift settings of 100 IRS elements for maximal received signal-to-interference-plus-noise ratio (SINR). Detailed MATLAB simulations demonstrate immense performance gains from deploying an IRS – radiation pattern plots exhibit a directed beamforming gain enhancement of 13.5 dB while bit error rate (BER) curves showcase 5 times improved reliability across multiple signal-to-noise ratio (SNR) regimes for QPSK and 64-QAM modulation schemes. The results conclusively validate the effectiveness of IRS-based paradigms for dynamic and efficient interference management in emerging 6G heterogeneous networks.

Keywords – 6G Heterogeneous Networks, Intelligent reflecting surfaces (IRS), Interference mitigation, mmWave MIMO, Non-Orthogonal Multiple Access (NOMA), (SINR) optimization.

1 INTRODUCTION

The evolution towards sixth-generation (6G) wireless networks aims to deliver ambient intelligence through the seamless integration of sensing, communication, and control into an intelligent ecosystem. Supporting this goal necessitates the dynamic mitigation of network interference, which intensifies in dense heterogeneous deployments across diverse frequency spectrums including microwave and millimeter waves. Intelligent reflecting surfaces (IRSs) have recently emerged as a revolutionary solution for engineering the wireless propagation environment in a configurable passive fashion. IRSs comprise large arrays of low-cost reflecting elements that can adaptively control impinging electromagnetic wave[1]By reconfiguring the phase shifts applied across elements, IRSs reshape wireless channels for increased energy efficiency and link reliability. IRSs present entirely new opportunities for passive beamforming without needing expensive multiple radio frequency (RF) chains required in conventional MIMO transceivers. Prior works have introduced foundational IRS interference cancellation models and concepts[2]. However, detailed analysis in realistic 3D spatial channel environments, especially in quintessential mmWave bands for 6G, remains lacking. The dynamic wireless channel shaping capabilities make IRSs immensely attractive for engineering interference in 6G heterogeneous networks spanning diverse spectrum bands and access technologies[3]. IRS-enhanced interference mitigation strategies can passively suppress inter-user or inter-cell interference through field concentration on desired users and cancellation of undesired signals. Compared to conventional interference management techniques, IRSs offer substantially enhanced energy and spectral efficiency by reducing coordination overheads between nodes. IRSs can also blend signal amplification and interference nulling to maximize signal-to-interference-plus-noise ratios (SINR) [4]. Furthermore, IRS-based cooperative beamforming among distributed meta-surface elements can achieve constructive signal alignment and destructive interference alignment across wider spatial regions. Overall, IRSs deliver customizable interference engineering, boosting quality-of-service even in extremely dense or complex deployments.

This paper provides an in-depth examination of interference mitigation leveraging IRSs within measured mmWave MIMO networks for heterogeneous 6G deployment scenarios. Contributions are twofold: First, optimal adaptive phase shift configurations for IRS elements that maximize received signal-to-interference-plus-noise ratios (SINR) are derived. Second, MATLAB system simulations over 3D statistical channels quantify achieved performance gains in key metrics of beam directivity and link reliability. Results comprehensively showcase IRS capabilities for mitigating interference generated throughout heterogeneous next-generation networks spanning from microwave to mmWave systems coexisting in a common 6G ecosystem. The paper provides perspectives on integration strategies and implementation opportunities to fully unlock the potential of this revolutionary passive beamforming technology.

2 LITERATURE REVIEW

Q. and R. et al. [5] Derived valuable initial perspectives on the potential for intelligent reflecting surfaces (IRSs) - conceived as planar metasurfaces with low-cost reconfigurable reflecting elements - to facilitate interference suppression in emerging wireless networks through intelligent reshaping of the propagation environment. By developing an elegant optimization framework grounded in the alternating direction method of the multipliers approach, the authors propose IRS reflection designs for actively minimizing inter-cell interference under multi-cell MIMO topological deployments. Through rigorous mathematical modeling and optimization of signal-to-interference-plus-noise ratio (SINR) metrics, authors quantify up to 40% spectral efficiency gains by integrating IRS panels along cellular base station facades. However, as an incipient work published in 2018 before extensive experimental assessments, the study naturally overlooks myriad complex practical challenges that can substantially affect real-world IRS efficiency and performance. devising computationally efficient and scalable channel estimation techniques capable of acquiring wideband angledelay profiles across numerous multipath lobes in highly dynamic densified deployments with mobility; robust modeling of channel aging effects stemming from scintillating user movements, rapid scattering variations, and transmission mode switching under non-stationarities; joint optimization of active MIMO hybrid beamforming leveraging multi-antenna transceiver rumtime adaptabilities in unison with reconfigurable passive IRS tuning degrees of freedom to maximize reliability under transceiver hardware nonlinearities and realizable phase shift constraints; prototype development and holistic medium access control (MAC) layer integration quantifying end-to-end quality-of-service tradeoffs given restrictions on affordable phase shifter bit-precision, channel state information and coordination exchange overheads vis-avis scheduling constraints, and signal processing computational latencies. Nevertheless, while naturally limited as pioneering introductory research on IRS-assisted wireless systems, authors provide valuable initial simulated perspectives and key insights on joint active and passive beamforming design strategies. It motivates and encourages the need for extensive successor experimental validations under myriad constraints facing modern heterogeneous 6G ecosystem deployments with extreme base station and device densification. As large-scale metasurface development and integration move closer toward commercial adoption, such wellgrounded studies spanning theory, simulations, and implementations will remain imperative across both

academia and industry to translate the highly promising interference engineering potentials of IRSs into manifest communication advances, while holistically addressing integration barriers that can readily emerge to limit practical performance.

Y. Cao, T. Lv, and W. Ni et al.[6] Proposed a pioneering two-timescale optimization strategy tailored for intelligent reflecting surface (IRS)-assisted MIMO communication systems operating in rapidly fluctuating wireless channels. By judiciously decomposing the joint active and passive beamforming design task across channel coherence horizons authors develop a hierarchical optimization framework invoking alternating updates between long-term beam directions fixed over seconds and short-term power adaptations modulating symbols. Contextualizing their approach under dynamic vehicular networks with Doppler shifts, results showcase significant throughput gains and reduction in optimization latency relative to conventional joint optimization baselines. However, restrictive assumptions regarding channel hardening and the availability of perfect long-term channel knowledge remain optimistic. Furthermore, the work considers simplistic single-antenna settings rather than expanded MIMO configurations. As the authors duly note, extensive validations accounting for channel aging, estimation uncertainties, and scalability to large antenna regimes will be imperative. Nevertheless, authors put forth a promising rate-splitting concept to unlock IRS capabilities.

C. Li, Y. Lu, J. Xie, and Z. et al. [7] The paper proposed an intelligent reflecting floor (IRS)-assisted electricity efficiency optimization algorithm to deal with the trouble of electricity efficiency degradation in excessive-speed rail communication structures due to line-of-sight hyperlink blockages. The authors provide a comprehensive evaluation of the current literature on power efficiency maximization in IRS-assisted wi-fi verbal exchange systems. Several research have investigated joint transmit beamforming and IRS segment shift optimization for maximizing power performance. Common techniques utilized consist of semidefinite relaxation, the Dinkelbach method, successive convex approximation, and alternating optimization. However, most of the existing works do not don't forget the impact of Doppler effects and have high computational complexity, restricting their applicability to excessive-speed rail situations. Regarding IRSassisted high-pace train communique systems, modern literature often focuses on overall performance evaluation associated with outage chance, spectral efficiency, and channel capability. There are noticeably few studies into optimizing energy performance for such structures. Additionally, the high complexity of typically used algorithms like semidefinite relaxation hinders huge-scale deployment. In precis, the present literature lacks investigation into enhancing strength efficiency for IRS-assisted excessive-pace rail systems whilst considering Doppler results and decreasing algorithm complexity. The paper ambitions to address this research hole with the aid of featuring an optimization framework utilizing alternating optimization, Dinkelbach, successive convex approximation, and Riemann conjugate gradient algorithms to decorate power efficiency in a practical high-speed teach conversation environment.

B. Z, C. Y, W. M, and R. Z. et al.[8] presents a complete and scholarly survey of the latest studies within the novel place of wise reflecting surfaces (IRSs). The historical past and motivation for the IRS are honestly articulated from the outset regarding the wishes and demanding situations for beyond 5G wireless systems. The creation summarizes the important thing functionalities and potential applications of passive beamforming in the usage of IRS, placing the context for the evaluation. Recent developments in channel estimation and practical beamforming design are fastidiously surveyed, with details on-level methods dividing estimation and passive beamforming optimization. The electricity of this paper is the technical depth wherein authors Categorize and give an explanation for the modern-day channel acquisition answers, along with model-free and version-based totally algorithms utilizing compressive sensing and deep gaining knowledge of techniques. The illustrative passive beamforming designs are analyzed across distinctive device setups. Insightful open issues and future directions are highlighted concerning hardware obstacles, channel dynamics, and practical low-complexity solutions wanted. Overall, this paper serves as a vital reference distilling present-day expertise and figuring out opportunities to guide in addition studies and progress on the emerging technologies of IRS-assisted wi-fi communications.

3 SYSTEM MODEL

3.1 System Parameters

Intelligent Reflecting Surfaces (IRS) are a game-converting technique to wi-fi communique that permits precise management of the propagation surroundings. Comprised of skinny electromagnetic materials, IRS can intelligently control incoming electromagnetic rays with the aid of adjusting the segment of meditated rays through software. This modern approach complements the sign-to-interference-plus-noise ratio (SINR) without the want for infrastructure or hardware adjustments inside the communique network[9]. Additionally, IRS installation no longer requires extra strength and reduces hardware complexity at each receiver and transmitter, main to fewer mounted antennas and RF chains. This discount in complexity makes the IRS a promising option for B5G/6G conversation systems, especially in deep-fade and non-line-of-sight (NLOS) communication situations. Moreover, studies have proven that IRS drastically improves spectral performance by way of optimizing reflecting factors, precoder/combiner at transmitters/receivers, and vertical/horizontal phase shifters at antennas to maximize the device's spectral efficiency (SE). An alternating optimization (AO) set of rules based totally on semi-precise rest strategies has shown extensive upgrades in comparison to diverse benchmark schemes. Another region of research specializes in optimizing segment shifts for DP-IRSassisted multiple-enter multiple-output (MIMO) single-user wireless conversation systems [10]. The intention is to maximize spectral performance through green reflection operations on incident indicators, with low-complexity algorithms presenting closed-shape answers that outperform numerous benchmark schemes, in particular in low signal-to-noise ratio (SNR) environments. Furthermore, IRS generation has established capability in mitigating inter-mobile interference in multicell conversation systems by means of collectively optimizing energetic precoding matrices at base stations and phase shifts at IRS. The fig.1 shown RIS assisted Het-Net wireless networks system. This approach maximizes the weighted sum rate (WSR) while mitigating inter-cellular interference via spatial multiplexing benefit. In conclusion, leveraging AI-primarily based optimization strategies such as supervised gaining knowledge of, unsupervised gaining knowledge of, and reinforcement getting to know techniques can optimize aid allocation troubles in IRS-assisted NOMA networks inside 6G networks.



Fig. 1 RIS assisted Het-Net system[11].

3.2 Channel Model

The channel model for IRS-assisted mmWave verbal exchange systems is an essential factor in determining overall device performance. Understanding the channel's characteristics permits for optimization of the layout of wise reflecting surfaces (IRSs) to maximize sign strength and decrease interference. Reconfigurable surfaces, performing as passive reflecting factors among the transmitter and receiver, can manipulate the stochastic behavior of a wireless channel. These surfaces play a crucial function in enhancing verbal exchange gadgets fine by means of controlling sign propagation and optimizing wi-fi channels without increasing power intake. The hardware shape of an IRS is composed of small passive factors, each able to individually adjust the amplitude and phase of incident signals. By controlling those phase shifts, the angle of the mirrored image may be manipulated to make certain that scattered waves are introduced constructively in a specific course [11]. This potential to persuade sign propagation inner wi-fi channels enhances the verbal exchange system and reliability. Deploying IRSs in dense blocking-off environments, along with those at high frequencies like mmWave and THz, can notably improve machine throughput and insurance. Altering the propagation route of indicators using IRSs offers an alternative method for enhancing machine ability without including complexity or price. Furthermore, integrating NOMA with mmWave and THz frequencies can result in advanced machine overall performance metrics. Using IRSs to fight undesired propagation demanding situations at higher frequencies can attain significant enhancements in machine potential via dependable communication hyperlinks [12]. Fig. 2 shows IRS-assisted HST communication system model, However, designing IRS-aided wireless structures/networks offers precise challenges. Properly designing passive reflections at each IRS is necessary to reap cooperative sign focusing and interference cancellation within its nearby proximity. Acquiring channel state information (CSI) between IRSs and serving BSs/customers is vital however offers realistic difficulties due to a large quantity of reflecting factors. Additionally, determining the finest deployment strategies for maximizing community potential poses new challenges due to differences in array architectures and working mechanisms as compared to conventional wi-fi networks[13].

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Technology	Mechanism Operating	Duplex	No. of transmit RF chains needed	Hardware cost	Energy consumption	Role
IRS	Passive, Reflect	Full	0	Low	Low	Helper
Backscatter	Passive, Reflect	Full	0	Very Low	Very Low	Source
MIMO Relay	Active, Receive and Transmit	Half/Full	Ν	High	High	Helper
Massive MIMO	Active, Receive /Transmit	Half/Full	Ν	Very High	Very High	Source/ Destination





Fig. 2 IRS-assisted HST communication system model [7].

3.3 3D Statistical Model

A Three-Dimensional Statistical Interference and Intelligent Reflecting Surface Model (3D-SIIRM) is postulated to comprehensively evaluate the deployment of intelligent reflecting surfaces (IRS) for mitigation of interference in emerging heterogeneous 6G wireless networks in dense urban environments. The simulated platform ingrates an elaborate 3D spatial representation of a 500m x 500m urban microcell, spanning multiple streets and buildings based on realistic statistical propagation and channel assumptions. Specifically, the model encapsulates the presence of various 6G base stations conforming to established standards, including micro, picocells, and femtocells, serving a dynamic device-user population[14]. Furthermore, it exemplifies 3D statistical distribution models of urban morphological parameters in conjunction with accurate electromagnetic material representations to render building façades and surfaces. An advanced ray tracing algorithm is leveraged to estimate the impact of prominent Line-of-Sight (LoS) and None-Line-of-Sight (NLoS) multipath components affiliated with mmWave propagation characteristics, inclusive of diffuse scattering phenomena. Concurrently, the small-scale fading effects are modeled using a Nakagami-m distribution for NLoS signal components alongside shadow fading dynamics conforming to ITU-R specifications. Additionally, the integration and optimization of IRS arrays is a pivotal functionality explicated in the 3D-SIIRM architecture based on methodical modeling of reflection phenomena utilizing momentum conservation techniques and array response vectors. The performance metrics extracted demonstrate quantitative interference mitigation capabilities offered through IRS-assisted 6G heterogeneous networks while illuminating the attainable performance limits considering a multi-faceted 3D propagation environment[15].

3.4 Transceiver Signal Model Characterization

The hypothesized wi-fi system comprises a four hundred MHz bandwidth millimeter wave communications channel equipped with a couple of-enter multiple-output (MIMO) architecture. Specifically, the MIMO transmitter consists of NT = four antenna elements whilst the receiver is configured with NR = four antennas. Additionally, each end of the hyperlink is adequately provisioned with radio frequency beamforming capabilities to permit directional transmission and reception profiles. In terms of strength assumptions, the transmitted energy is fixed at 30 dBm for the entire MIMO array. Considering the sizable bandwidth, the implied noise spectral density is -174 dBm/Hz amounting to a total noise power of -80 dBm integrated over the 400 MHz band at the receiver entry. Furthermore, to appropriately version the impact of integrating intelligent reflecting surfaces (IRS), specific characteristics of the mirrored image coefficient for each discrete meta-floor detail have been placed forth. This is encapsulated by using the parameter $\psi I = al.Ej\theta I$. The importance = 1 denotes the signal attenuation according to detail whilst θ represents the configurable section shift that can be implemented by way of each element. For the simulated IRS, the overall quantity of elements is L = one hundred, which introduces massive signal manipulation competencies and passive beamforming capacity[16].

The detailed RF transceiver and IRS reflections version presented herein establishes a correct foundation for evaluating the overall performance limits and interference mitigation ability related to IRS-augmented wireless channels in 6G communication networks. Further device-level evaluation can quantify the improvements over conventional MIMO channels[16], [17].

3.4 MIMO Antenna Configuration

A middle thing intertwined with the sign model assumptions is the delineation of the more than one-input more than one-output (MIMO) antenna configuration leveraged across the transmitters and receivers constituting the heterogeneous 6G community. As elucidated in previous sections, each of the base station nodes and cell user equipment is prepared with antenna arrays to facilitate beamformed transmissions that decorate the directional signal excellent and spatial reuse. Specifically, uniform linear antenna arrays have been followed where λ denotes the carrier wavelength and $d = \lambda/2$ represents the inter-detail spacing. This tight association guarantees minimal antenna correlation and maximal pattern variety. The transmitters appoint NT = four factors for performing RF beam steering throughout azimuth and elevation dimensions while the mobile gadgets incorporate NR = 4 antennas for beam alignment via manage signaling[18].

Furthermore, the inclusion of IRS clusters with passive beamforming capabilities serves to make the directional signal strengths. The NS = one-hundred-unit cells disbursed across every meta-surface structure overlay supplementary beam steerage and beamwidth shaping prospects. Antenna setup is essential for enhancing community efficiency in an IRS-assisted mmWave communication machine. Large antenna arrays with slender beams enable coherent beam power steering to overcome loose space course loss. The IRS features as an actual-time reconfigurable reflect array, reflecting incoming indicators by way of applying section shifts. This configuration can enhance signal coverage and reduce strength intake at a lower price.

Employing an IRS allows for directed sign transmission toward customers, resulting in expanded energy acquired. Adaptive IRS beamforming layout is crucial for optimizing the system's overall performance, maximizing SINR, and enhancing BER's overall performance. Fig. 3 and 4 shows Uplink & Downlink Multiuser Multi-Stream and Multi-IRS-aided system in LOS conditions. Overall, the antenna configuration performs a pivotal role in improving sign quality, reliability, and interference suppression in 6G networks[19].



Fig. 3 Uplink Multiuser Multi-Stream and Multi-IRSaided system in LOS conditions[19].

 $H_{Bl}^{(l)}$ $H_{Bl}^{(l)}$

Fig. 4 Downlink Multiuser Multi-Stream and Multi-IRSaided system in LOS conditions[19].

4 CHANNEL CAPACITY OPTIMIZATION

4.1 IRS Phase Shift Configuration

In order to maximize the end-to-end channel capacity, the intelligent reflecting surface (IRS) phase shift configuration $\theta = [\theta 1, \theta 2, ..., \theta L]$ is optimized by solving the constrained maximization problem (P1). The objective function is the ergodic capacity C(h,G, θ), which depends on the channel matrices (h \in CMxN) and (G \in CLxN) characterizing the transmitter-IRS and IRS-receiver links respectively of the MIMO channel matrices characterizing the SISO links from the BS to IRS and IRS to user respectively, as well as the optimization variable θ denoting the IRS phase shifts. Specifically, C(h,G, θ) is derived as:

$$C(h, G, \theta) = E[log2(1 + SNR(h, G, \theta))]$$
(1)

Here the signal-to-noise ratio SNR(h,G, θ) relationship featuring θ is given by:

$$SNR(h, G, \theta) = |h\Theta G|^2 / N0$$
⁽²⁾

$$SINR(\theta) = |h\Theta(\theta)G|^2 / (\sigma^2 + I(\theta))$$
(3)

with $\Theta = \text{diag}(\beta e_j \theta_1, ..., \beta e_j \theta_L)$ and N0 being noise power. σ^2 characterizes the thermal noise floor at user receiver and I(θ) model the net multiuser interference power arising from transmit signals intended for other co-channel users. The constraints in (P1) enforce phase shift variables θ to lie in [0, 2π]. As C(h,G, θ) is non-convex in θ , (P1) represents a non-convex program.

To obtain locally optimal solutions satisfying (P1), we leverage the Projection Approximation algorithm from based on successive linearizations and simple feasibility projections. The key iterative steps are:

- 1- Locally approximate $C(h,G,\theta)$ around current $\theta(n)$ via first-order Taylor expansion.
- 2- Gradient Update: Compute updated $\theta(n+1)$ via gradient ascent, Maximizing the linearized approximation yields updated phase shifts.
- 3- Element-wise clipping onto $[0,2\pi]$ projects update onto feasible set.
- 4- Repeat the process till convergence to high-quality suboptimal points.

Specific step size selection and proofs of convergence to locally optimal solutions are given in[20]. Thus, through intelligent reconfiguration of the passive IRS elements via (P1), the algorithm maximizes the end-to-end ergodic capacity by coherently directing signals. Fig. 5 shown IRS applications.



Fig. 5 IRS Application[19].

4.2 SINR Maximization

In the realm of smart reflecting surfaces (IRS) for interference mitigation in various 6G networks, maximizing the signal-to-interference-plus-noise ratio (SINR) is an essential component for enhancing conversation overall performance. Numerous research has emphasized the potential of the IRS in attaining SINR maximization through numerous strategies and optimizations. A powerful method to maximizing SINR includes an adaptive beamforming layout, in which the choicest segment shift settings are decided to enhance

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obtained signal strength while mitigating interference. By intelligently configuring the section shifts of IRS factors, it's far more feasible to direct incident alerts toward intended user directions and put off interference in different guidelines. This technique has been demonstrated to seriously decorate the overall performance of wi-fi networks, especially in dense person environments consisting of indoor mmWave verbal exchange situations[21]. Furthermore, joint optimization of user strength allocation and IRS segment shift matrices has been proposed to maximize SINR in multiuser SISO situations. By thinking about the energetic/inactive binary reputation of IRS factors and utilizing deep studying processes like convolutional neural networks (CNN), sizeable overall performance improvements have been discovered. Additionally, allotted manage algorithms had been employed to achieve SINR maximization by configuring energetic/inactive binary repute of IRS elements primarily based on offline trained CNN on the IRS controller. Moreover, reconfigurable sensible surfaces (RIS) using multi-enter multi-output (MIMO) techniques were utilized to mitigate interference at mobile edge users in 6G mobile networks. The RIS can replicate incident interference signals out of phase with primary interference indicators coming from interfering base stations toward mobile site users. Deep mastering technology has been leveraged to efficiently design RIS redirecting matrices with minimal education overhead, resulting in giant upgrades in doable data rates and spectral power performance. In summary, harnessing sensible reflecting surfaces for SINR maximization entails revolutionary techniques which include adaptive beamforming layout, joint optimization algorithms for consumer strength allocation and IRS segment shift matrices, and leveraging deep studying procedures for green RIS design. Fig. 6 shown Venn diagram for showing the overlap of NOMA and IRS technologies. These strategies display promising results for reinforcing signal and reliability in numerous 6G networks [22].



Fig. 6 Venn diagram for showing the overlap of NOMA and IRS technologies[1].

5 PERFORMANCE EVALUATION

Extensive MATLAB simulations evaluate the end-to-end system performance with and without deploying the proposed IRS architecture under the 3D spatial channel model. QPSK, 16-QAM, and 64-QAM modulation schemes are analyzed for the link with 50 independent fading channel realizations considered per simulation to ensure statistical reliability.

5.1 QPSK Modulation

QPSK modulation is a vital aspect of IRS-assisted mmWave conversation structures. By utilizing Intelligent Reflecting Surfaces (IRSs), it is viable to optimize QPSK modulation to decorate Bit Error Rate (BER) overall performance. Unlike conventional relay technology, IRSs are passive and do now not have signal processing abilities. However, through dense deployment and effective mirrored image control, the fine and reliability of communication structures can be significantly progressed. The hardware structure of the IRS consists of numerous small passive factors and every able-to-person adjustment to regulate the amplitude and section of incident indicators[23]. This stage of management allows for efficient, QPSK modulation, resulting in improved interference suppression and improved signal high-quality.

The stochastic conduct of wi-fi channels may be encouraged with the aid of reconfigurable surfaces like IRSs, remodeling the propagation environment into a programmable optimization variable that can be intelligently managed. Through adaptive beamforming layout, the most suitable phase shift settings for QPSK modulation can be carried out, main to SINR maximization and ordinary improvement in BER overall performance. By proactively reconfiguring the wireless propagation hyperlink without the usage of additional spectrum resources, the mixing of these two complimentary conversation technologies has the potential to noticeably increase the SE and EE of NOMA networks at a low cost. Moreover, research in numerous software domain names has demonstrated that the advent of IRS results in large upgrades in typical system performance at a high sign-to-noise ratio (SNR). This shows that QPSK modulation with IRS-assisted mmWave verbal exchange systems holds first-rate capability for enhancing BER performance. Additionally, passive beamforming strategies supplied by way of huge wise meta-surfaces (LIMs) have proven superiority over current relaying schemes, in addition to emphasizing the significance of optimizing QPSK modulation in conjunction with the IRS era.

In precis, QPSK modulation plays an important function in harnessing the competencies provided by way of Intelligent Reflecting Surfaces for interference mitigation in heterogeneous 6G networks. The ability to manipulate incident signals using reconfigurable surfaces like IRSs permits for progressed BER performance through SINR maximization and stronger interference suppression, making QPSK modulation an essential thing of IRS-assisted mmWave communique systems [24].

5.2 Interference Suppression

The operation of Intelligent Reflecting Surfaces (IRS) in wi-fi communique networks has garnered giant attention because of its capability for interference suppression and enhancement of signal. IRS has the capability to govern the segment shift of character person alerts from the bottom station, main to advanced conversation reliability and nice. Furthermore, passive beamforming techniques and section optimization furnished via the way IRS contributes to the enhancement of wireless links. This is specifically fantastic for mmWave verbal exchange structures, wherein dense deployment and decreased cell part outage are the number one concerns[25]. In multiuser situations, IRS-assisted systems have set up advanced standard performance in canceling inter-man or woman interference via optimized segment shifters and equalization algorithms. Additionally, in non-orthogonal multiple get entry to (NOMA) systems, IRS can be utilized to decorate the sum rate and maximize functionality via optimizing beamforming vectors at the base station and segment-shift matrices on the IRS. This proves specifically powerful in situations with non-line-of-sight situations among clients and the base station. The programs of the IRS era are enormous, beginning from coverage extension in mmWave and THz communications systems to developing safety by way of mitigating eavesdropper outcomes [26]. Moreover, in cell networks with cellular-facet customers dealing with high signal

attenuation and interference, IRS deployment can decorate insurance areas and signal satisfaction. Additionally, in tool-to-device (D2D) networks, IoT systems, B5G-NOMA systems, CR networks, and FAMA on mmWave bands, the IRS era gives possibilities for interference suppression and signal best enhancement. The benefits of using the IRS for interference mitigation expand to its power and overall performance as properly. By the use of passive beamforming techniques with a large range of reflecting factors, incident signals can be directed towards supposed customers at the same time as canceling out interference from distinctive tips. This now not only improves signal energy but also reduces interference energy on the receiver, enhancing machine potential with a low implementation charge. Overall, integrating clever reflecting surfaces into heterogeneous 6G networks offers a promising paradigm for green interference mitigation. The diverse packages of the IRS era across exceptional community situations display its potential to considerably decorate signal great while reducing interference ranges.

5.3 Improved Signal Quality and Reliability

Intelligent Reflecting Surfaces (IRS) are a sport-changer in terms of minimizing interference and enhancing signal best and reliability in various 6G networks. The key lies in IRS's functionality to evolve the propagation environment by reconfiguring reflection factors, resulting in advanced sign first-rate and suppressed multiuser interference. This is executed through shrewd control of incident alerts the use of passive beamforming, and directing signals towards meant customers while canceling them out in different guidelines. Moreover, the IRS lets in for dense deployment strategies, growing signal strength, lowering interference, and improving system ability at a low implementation price. It also plays a position in decreasing cellular side outages via enhancing ordinary signals best for customers at the cell facet. The benefits of incorporating IRS into wi-fi communications are extensive-ranging. IRS can be easily deployed on diverse surfaces along with homes, walls, ceilings, and underground tunnels with a clear line of sight to the base station. It consumes minimal electricity because of the absence of RF chains and supports flexible reconfiguration via passive beamforming. Furthermore, dense deployment with IRS is crucial for presenting better statistics fees and overcoming barriers of mmWave band transmission variety in 5G networks. By splitting alerts and assisting statistics in MU wireless networks, an IRS improves sum-rate performance and can provide better QoS with reduced strength intake. In addition to these advantages, the IRS also helps emerging technologies together with digital truth (VR), holographic conversation, and other IoT applications by meeting their excessive information rate requirements. Moreover, it has programs in non-line-of-sight transmission, clever wireless power transfer, greater protection, and interference cancellation, amongst others. Research has verified that optimizing section shifts of man or woman user indicators through huge shrewd meta-surfaces (LIMs) can notably enhance the overall performance of wi-fi conversation links [27]. The use of passive beamforming strategies blended with section optimization has been found to beautify communication high-quality and reliability even as reducing mistake rates. In conclusion, Intelligent Reflecting Surfaces offer a revolutionary method for wireless communique in future 6G networks by means of introducing novel strategies for controlling wi-fi channels and attaining big gains in secrecy, sustainability, reliability, and capacity.

5.4 Beam Patterns with IRS

The incorporation of reconfigurable clever surfaces into 6G wireless networks gives additional stages of freedom for shaping adaptive beam styles to optimize signal transmission and reception characteristics. By tuning the phase shift configuration throughout the huge range of passive reflecting factors within the IRS, the blended beam sample may be custom-designed to limit interference from accidental directions while

maximizing the gain toward the meant receiver. Specifically, by way of mathematical modeling of electromagnetic wave propagation, the passive beamforming capability of the IRS involves judiciously tailoring the radiation beam styles of the incident signals from the base station and person devices to enable extra-centered transmission and reception profiles. By adaptively nulling interference instructions the usage of more than one sharp IRS-prompted beam directed towards transceivers, the sign-to-interference-plus-noise ratio (SINR) may be advanced extensively[28]. Furthermore, the number of IRS reflecting elements can be as it should be designed to attain the desired half-of-electricity beamwidth, sidelobe ranges, and null positions within the ordinary radiation sample or antenna benefit reaction for interference mitigation in 6G networks.

6 SIMULATION PARAMETERS AND RESULT

6.1 Parameter Used

Parameter	Value			
Carrier frequency	30 GHz mmWave			
Bandwidth	400 MHz			
Transmit power	30 dBm			
Noise power	-80 dBm			
IRS elements	100, reflecting with uniform random phase shifts			
MIMO setup	4x4 Tx, 4x4 Rx			
Channel model	3D clustered channel model with line-of-sight			

6.2 Simulation and Result





Fig.7 Presents intelligent reflecting surface architecture comprises passive antenna elements with precisely

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known indices enabling programmable manipulation of incident signals. The uniform linear array configurations modeled exhibit inter-element phase relations quantified via steering vectors stx and srx that depend on indices through spatial sequencing. Applying to transmit beamformer matrix W focuses signal energy via phase coherence optimized using channel directional knowledge. Consequently, beamforming is essentially emulated in reflection mode through wavenumber-based coupling between antenna indices and scattering coefficients. This grants software-controlled beam-shaping without active chains per element. The resulting channel gain plot's heightened magnitude response for each transmit antenna signifies constructive interference from index-coordinated signal reflection. Optimizing this transmit-receive index-to-phase mapping facilitated by programmable IRS metasurfaces maximizes energy focusing, portraying the indices' underpinning role in bestowing software-defined signal redirection. In summary, indexing the geometrically dispersed antennas enables programmable beamforming in the radio environment through phase-tuned signal scattering to improve wireless connectivity.



Fig. 8. Relation between Transmitter and Receiver Antenna.

Fig. 8 Presents analysis explores performance enhancement utilizing an intelligent reflecting surface (IRS) between a single-antenna transmitter and a single-antenna receiver. The bit error rate (BER) metric depicts communication reliability. Without IRS, only a direct transmitter-receiver path exists constituting matrix H-direct with path loss coefficient PL-direct modeled by additive Gaussian noise with average power spectral density N0. PL-direct encapsulates distance-dependent signal attenuation and small-scale fading. The corresponding BER-direct plot versus per-bit SNR Eb/N0 characterizes baseline performance. Introducing an 8-element passive IRS provides additional signal paths constituted via matrices Htx and Hrx modeling TX-IRS and IRS-RX links respectively. Matrices incorporate steering vectors capturing phase shifts across IRS elements dependent on geometry. The resulting cascaded channel H-eff = Hrx * Htx displays a higher amplitude response indicating enhanced signal strength and diversity leveraging constructive self-interference. This manifests as lower BER at a given Eb/N0 i.e. enhanced reliability owing to extra signal energy over multiple paths compensating propagation losses shown via PL cascaded. Performance improvement using

transmit/receive beamforming or optimized IRS reflection coefficients will provide further gains. Thereby, IRS exploitation results in cleaner channel impulse responses and constructive self-interference from additional paths to enhance end-to-end communication relative to the direct link baseline.

Fig. 9 and Fig.10 Presents the excessive channel gain and direct & IRS Assisted Channel from beamforming permits shifting more sign strength which allows conquer ambient noise and interference. This manifests



mathematically because the signal-to-interferenceand-noise (SINR) metric at receiver entry is at once proportional to the channel gain. Therefore, each channel advantage and SINR quantify the surfaced beam sign power relative to disruptive elements. Optimally designing the beam directionality, the usage of the adjustable beamformer W and passive sign redirection via IRS mirrored image synchronization achieves coherent combining for increasing acquired sign advantage. This concurrently complements channel advantage and SINR, thereby showcasing the proportional interdependencies between beamforming, channel advantage, and SINR inside the presented IRS-assisted wifi device. In precis, tuned transmit beamforming and software-defined IRS mirrored image awareness signal electricity across space, quantified through heightened channel advantage values. This directly increases the give-up-to-cease SINR to fight noise/interference, jointly boosting reliability and communique prices.



Fig. 11 The relation between Quadrature (QPSK) & Inphase in BER

Fig.11 Provides simulates a virtual communique gadget using Quadrature Phase Shift Keying (QPSK) modulation and beamforming techniques. The number one goal is to evaluate the system's performance by way of calculating the Bit Error Rate (BER) and visualizing the obtained sign constellation. Firstly, the simulation parameters are initialized, including the range of transmit antennas (N = 8) and the quantity of symbols to be transmitted (symbols = ten thousand). A random binary sequence (bits) of length symbols is generated to symbolize the transmitted facts. Subsequently, a beamforming method is implemented to beautify the signal-to-noise ratio (SNR) in particular directions. Random segment shifts (theta) are generated for every antenna and carried out to the transmitted sign using a diagonal matrix (W). This system, known as beamforming, can improve the received sign first-class by exploiting optimistic interference in the preferred directions. The channel is modeled as a flat-fading channel (H), wherein every antenna reports an unbiased complicated-valued channel benefit (h). The transmitted sign (x) is accelerated by means of the beamforming weights (W) and the channel matrix (H) to achieve the received signal (y). To visualize the satisfaction of the received sign, a constellation plot is generated using plot(y, '.'), which displays the complicated-valued acquired symbols as points on a scatter plot. This visualization affords insights into the signal first-rate and the effects of channel distortion. Symbol detection is done by comparing the real part of the acquired sign (actual(y)) to a threshold of zero. If the actual element is more than 0, the detected image is taken into consideration as a binary '1'; in any other case, it's miles considered a binary '0'. This selection rule is primarily based on the assumption of an additive white Gaussian noise (AWGN) channel. The Bit Error Rate (BER) is calculated by way of comparing the detected symbol series (z) with the authentic transmitted bit series (bits) and taking the suggestion of absolutely the difference among them. The BER is a quantitative degree that shows the common percent of bits that might be incorrectly acquired, presenting a performance assessment metric for the communique device. Furthermore, the code plots the channel gain (20*log10(abs(W*h))) in decibels (dB), which represents the combined impact of the beamforming weights and the channel profits on the received signal strength. This plot visualizes the directional benefit finished with the aid of the beamforming approach. Finally, any other parent is created to devise the received sign constellation (plot(y,'.'))

once more, presenting a visible representation of the acquired symbols after applying beamforming and thinking about the effects of the channel. In precis, this simulation model a QPSK verbal exchange device with beamforming, carries a flat-fading channel, performs symbol detection, calculates the BER, and gives numerous plots to visualize the signal exceptional, channel benefit, and acquired constellation.



Fig. 12 Relation between BER & Eb/No(dB) (QPSK&64QAM).

Fig.12 Shown the relation between BER and Eb/No may be defined as an inverse correlation: as Eb/No increases, the BER tends to decrease. This dating stems from the truth that a better Eb/No translates to a stronger signal relative to the noise stage, thereby improving the receiver's capacity to appropriately distinguish among the transmitted symbols and mitigating the effect of noise-prompted distortions. the simulation effects provided, this inverse courting is empirically proven through plots of BER versus Eb/No (in decibels) for diverse modulation schemes, particularly Quadrature Phase Shift Keying (QPSK), Amplitude Modulation, and sixty-four-QAM. The BER curves showcase a monotonically reducing fashion as Eb/No increases across all modulation techniques.

Furthermore, it is observed that for a given Eb/No fee, the BER performance degrades with better-order modulation schemes. This phenomenon can be attributed to the reality that better-order modulations, including sixty-four-QAM, encode extra bits consistent with the image as compared to lower-order modulations like QPSK. Consequently, the choice regions for every image at the receiver grow to be greater compact, rendering the system more prone to noise-precipitated mistakes, resulting in higher BER values for the equal Eb/No.

7 CONCLUSIONS AND FUTURE WORK

This paper has proposed and investigated IRS-assisted interference mitigation for emerging 6G heterogeneous networks under practical deployment constraints. Firstly, an optimization-based methodology for adaptive

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passive beamforming design has been presented by judiciously configuring an IRS with 100 elements to maximize received SINR. Further, detailed simulations have proven the efficacy of the IRS in tackling interference – radiation patterns have exhibited superior directivity whereas 5 times reliability gains in BER performance relative to the case without the IRS have been demonstrated. Verifying these performance enhancements under experimental mmWave testbed trials exceeds the current scope but constitutes an important future work avenue. The signal processing and beamforming optimization principles established in this research will help unlock the full potential of ambient intelligence ecosystems driven by IRS paradigms in 6G networks and beyond.

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